

# THE 8 CLAIRSENSES



## **CLAIRCOGNIZANCE (CLEAR KNOWING):**

This is the ability to just 'know' something without any rational explanation. People with this sense often have sudden insights or realizations that turn out to be true.

## **CLAIRVOYANCE (CLEAR SEEING):**

It refers to the ability to see visions or images in the mind's eye that are not physically present. These images can be symbols, colors, numbers, or even spirits.



## **CLAIRAUDIENCE (CLEAR HEARING):**

This is the ability to hear sounds, voices, or music that are not audible to the normal ear. It could be a voice giving guidance, a message from a departed loved one.

## **CLAIRSENTIENCE (CLEAR FEELING):**

This sense relates to feeling emotions physically or physical sensations being felt in the body that are not your own.



## **CLAIREMPATHY (CLEAR EMOTION):**

This is the ability to physically tune into the emotional experience of a person or animal in your physical body. It's picking up on the energy field that every living thing emits.

## **CLAIRALIENCE (CLEAR SMELLING):**

This involves smelling odors or scents that others can't, and which usually aren't physically present. These scents often hold symbolic meaning or could be associated with a specific spirit.



## **CLAIRGUSTANCE (CLEAR TASTING):**

This is the ability to taste something without actually eating or drinking it. Like clairalience, these tastes often hold symbolic significance or are associated with a spirit.

## **CLAIRTANGENCY (CLEAR TOUCHING):**

Also known as psychometry, this involves gaining information about an object, person, or place by touching it. The impressions are usually received as images, sounds, smells, tastes, and even emotions.

